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**To:** All staff, physicians, learners and volunteers

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Given the rapidly evolving spread of COVID-19 in many parts of the world, we are sharing updated travel policies for all staff, physicians, learners and volunteers, including the process for being cleared to come back to work. These are in line with all of our partner Toronto hospitals and are being put in place out of an abundance of caution to help protect you and those around you.

### Work-related travel

**All travel outside of Canada for hospital-related purposes must be cancelled or postponed indefinitely.** In addition, all international travel **to** Canada for work-related purposes, including delegations, meetings, conferences or external student/observer placements, should be cancelled until further notice.

### Personal travel

**All travel outside of Canada by staff, physicians, learners and volunteers needs to be reported to Occupational Health (Corporate Health at St. Michael's) BEFORE you come back to work.** A quick phone call will ensure Occupational Health is aware of your situation and can clear you to return to work. Occupational Health can be reached at their new hotline: 416-864-5415.

**To countries with active government travel advisories:** Anyone considering travel should always check on [government travel advisories](#). Vacation travel to areas where the government has recommended avoiding non-essential travel is strongly discouraged, but if you do go on vacation in these countries, you must:

- Report that travel to your manager and Occupational Health and Safety before you go.
- Understand that you will not be able to come back to work for 14 days after your return home.
- You will not be paid during this required quarantine period.

### To countries not currently covered by a travel advisory:

- You may be quarantined while on vacation or be quarantined upon return if the country you travel to is added to the list with travel advisories while you are there.
- In countries with limited health care services, you may not be able to access what you need in the event that you become ill. This applies to all illnesses – not just COVID-19.
- Upon return from your vacation, you may be quarantined at home if that country has reported cases of COVID-19 or you have travelled on an aircraft or other vessel with reported cases of COVID-19.

### Travel precautions

In any travel that you are doing, ensure you are following regular health precautions including:

- washing your hands often using an alcohol-based hand sanitizer or soap and water
- avoiding touching your eyes, nose and mouth with unwashed hands
- avoiding contact with people who are sick
- covering your cough with a tissue or sneeze in your elbow
- frequently cleaning and disinfecting touched objects and surfaces

Should you have any questions at all, please connect with your manager or contact Occupational Health (Corporate Health at St. Michael's). Thank you for helping keep our people, patients and communities safe.

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